



## National Health Investors, Inc.

April 06, 2007 04:49 PM Eastern Daylight Time

### **National Health Investors, Inc. Issues Statement Regarding AdamsMark Offer**

MURFREESBORO, Tenn.--(BUSINESS WIRE)--National Health Investors, Inc. (NYSE: NHI) today announced that the Special Committee of National Health Investors, consistent with its fiduciary duties and responsibilities under Maryland law and after consultation with its financial and legal advisors, informed Mr. Adams that it considers the \$15 dividend and \$19 purchase price and other terms described in the April 4, 2007 letter (the "Proposal") not to be in the best interests of NHI's public stockholders. The Special Committee unanimously believes continuing to operate NHI as a public company will create greater value for public shareholders than the Proposal.

NHI specializes in the financing of health care real estate by first mortgage and by purchase and leaseback transactions. The common stock of National Health Investors trades on the New York Stock Exchange with the symbol NHI. Additional information including NHI's most recent press releases may be obtained on our web site at [www.nhinvestors.com](http://www.nhinvestors.com).

*Statements in this press release that are not historical facts are forward-looking statements. NHI cautions investors that any forward-looking statements made involve risks and uncertainties and are not guarantees of future performance. All forward-looking statements represent NHI's judgment as of the date of this release.*

#### **Contacts**

National Health Investors, Inc.  
Richard F. LaRoche, Jr., 615-893-8490  
Chairman of Special Committee